

**About The Sanity Patrol Players ...**

Plays That Work offered the plays of Plays for Living and original pieces by Z. Sharon Glantz. When they closed their doors, Ms. Glantz started using Connexus and then The Sanity Patrol Players as a production company for her plays. Plays on challenging issues have been presented for over 15 years to corporations, government agencies and educational institutions, including:

- Puget Sound Power & Light
- Washington Mutual Savings Bank
- City of Seattle
  - Dept. of Housing & Human Services
  - Dept. of Parks & Recreation
- Executive MBA Program at the University of Washington
- Bonneville Power Administration
- U.S. Forest Service (Portland, OR)
- Young President's Organization
- Harbor Properties, Inc.

**About Z. Sharon Glantz ....**

Ms. Glantz writes and produces the plays by contracting Seattle theaters, such as Theatre Babylon, for production talent. She is author of *The Sanity Patrol Handbook* and *The Scripted Haggadah*, and co-author of *Stages of Ages: A Manual of Corrective Parenting* with Elaine Childs-Gowell, R.N., PhD. She founded the Northwest Playwrights Guild and served as a board member and program director for the Pacific Northwest Writers Assoc. She wrote the original multi-media production of *Through the Eyes of a Friend* on the holocaust, touring five states, and wrote the script for a laser show for school children in Singapore on their history. She is Legal Assistant in family law.

"People see themselves in what's going on. They project themselves into the plot. They identify with characters and consider things they might not with other methods of presentation."

Steve Cato, Management Consultant  
*The Seattle Times*

"It's a terrific teaching tool. Many employees came in ignorant and quite fearful. They left quite compassionate and knowledgeable."

Dorothy Bullitt  
Vice President of Harbor Properties Inc.

"Our hope is these managers walk away with something they'll keep in mind for a long time," said Carole Cornall, a Xerox business-resources manager. "When you hear a lecture or watch a video, you tend to sit there and it's just a ho-hum kind of thing that doesn't really make an impression."

Carl T. Hall  
*The San Francisco Chronicle*

"Instead of going and hearing someone lecture, it's a different approach to training and it's very effective."

Eric Campbell  
Washington Dept. of Information Services



The Sanity Patrol Press  
Seattle, WA 98103



**EDUCATIONAL  
THEATER**  
for  
corporations  
government agencies  
educational institutions

FULL LENGTH PLAYS  
ONE ACT PLAYS  
PERFORMANCE PIECES  
CLASSES/WORKSHOPS

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All presentations include a facilitated discussion between the audience and the actors who remain in character following the production. Participants are able to ask questions they may be uncomfortable asking under any other circumstances. Because the characters confided in them during the presentation, participants may express feelings they wouldn't normally share.

## FULL LENGTH PLAYS

**THEATER OF THE MIND**  
 This is an interactive piece that invites the audience to participate in games, exercises and other explorations in perception and awareness. The goal is to help participants better maintain brain health by keeping the mental and sensory functions active. At the same time, the explorations can give a greater depth of meaning to daily routines.

**I GAVE AT THE OFFICE**  
 This piece was originally commissioned by A Contemporary Theater, Seattle. A self-absorbed marketing coordinator of a law firm finds more comfort in her machines than in the people with whom works. She is forced to reassess her life when she receives an invitation to her 20 year class reunion. In a dream sequence, her co-workers transform into her office equipment, forcing her to ask for help and acknowledge her need for other people.

**STAGES OF AGES\***  
 This joyful full length percussive musical focuses on the six stages of development, from the prenatal stage to the late teens. Four people at a turning point in their lives, better integrate their early childhood experiences into their psyches, encouraging them to make the better choices for their futures.



*The case of Working Relations who performed for Puget Sound Power & Light in 30 trainings*

**WORKING RELATIONS**  
 This piece explores harassment in a diverse workplace. The complexity of working relationships and what constitutes the differing types of harassment are explored. Also discussed are strategies management can take to better assure a harassment-free workplace.

**\*discounted performances with a scheduled book signing**

**WORKFORCE COMING OF AGE**  
 This piece looks at the ramifications of an aging workforce relative to age discrimination, myths reinforced by previous generations, frustrated younger workers, and the changing workplace.

## ONE ACT PLAY

**I, MONSTER**  
 A young woman works with her therapist on issues of abuse, haunted by a chorus of the voices in her head. Ultimately, he connects with her therapist. This powerful piece is guaranteed to get audiences in touch with their feelings about sexual abuse.

## PERFORMANCE PIECE

**THE SANITY PATROL IS OUT TO GET YOU\***  
 This 20, 40 or 60 minute one-woman multi-media performance piece is for those familiar with psychological principals. Presentations are highly interactive and tailored for each venue. Selections from a Menu of Vignettes assures the presentation fits the audience, whether professionals, recipients of help, or a combination of both. Professionals are guaranteed validation for the hard work they do, acknowledgment for their skills and humor in light of human suffering.



*Props used in a workshop performance of The Sanity Patrol is Out to Get You*

**HIV AT WORK**  
 This piece looks at the fears and behaviors of workers in an ad agency when one of them discovers he is HIV positive, contracts AIDS and with the help of modern medicine, returns to work albeit part-time and in a lower position. Information on transmission is related, but the focus is largely on the fear of death, dying, intimacy and how AIDS affects everyone.

## FUTURE TOPICS

**PUBLIC RELATIONS** Enhancing customer service via phone, email and face-to-face.  
**COMMUNICATIONS THAT COMMUNICATE** Improve written and spoken communication, whether direct and indirect.  
**THE PERSONAL V. THE PROFESSIONAL** Gender, family and cultural issues that condition in the workplace.  
**CREATIVITY EVERYWHERE** Ways to burn **WITH** rather than burn **OUT**.